

# CAS REQUIREMENTS

As a core component of the IB Diploma, the Creativity, Activity and Service (CAS) program must be successfully completed, in order to qualify for the Diploma.

## What are the requirements?

In order to meet the requirements for CAS to qualify for the IB Diploma, you must:

- Have eighteen (18) months of ongoing engagement at three (3) to four (4) hours per week, on average demonstrated through meaningful reflection.
- Have a relative balance between [Creativity](#), [Activity](#) and [Service](#)
- Have a least one major project:
  - Long-term
  - Collaborative
  - Crossing at least two areas of [Creativity](#), [Activity](#) and [Service](#).
- Address all of the learning objectives (*Note: This means discussing them in detail—not simply naming them.*) including the following:
  - - What was happening and what were you doing?
    - What issue arose?
    - How did you react / solve the issue?
    - What did you LEARN about [the LO: *Ie: what specifically did you learn about your own personal strengths? This is referring to personal development—skills are a different LO.*]
- Successfully complete a detailed portfolio that gives a clear depiction of what you have accomplished and how you have grown personally, through CAS.
- Successfully complete all of the required interviews.